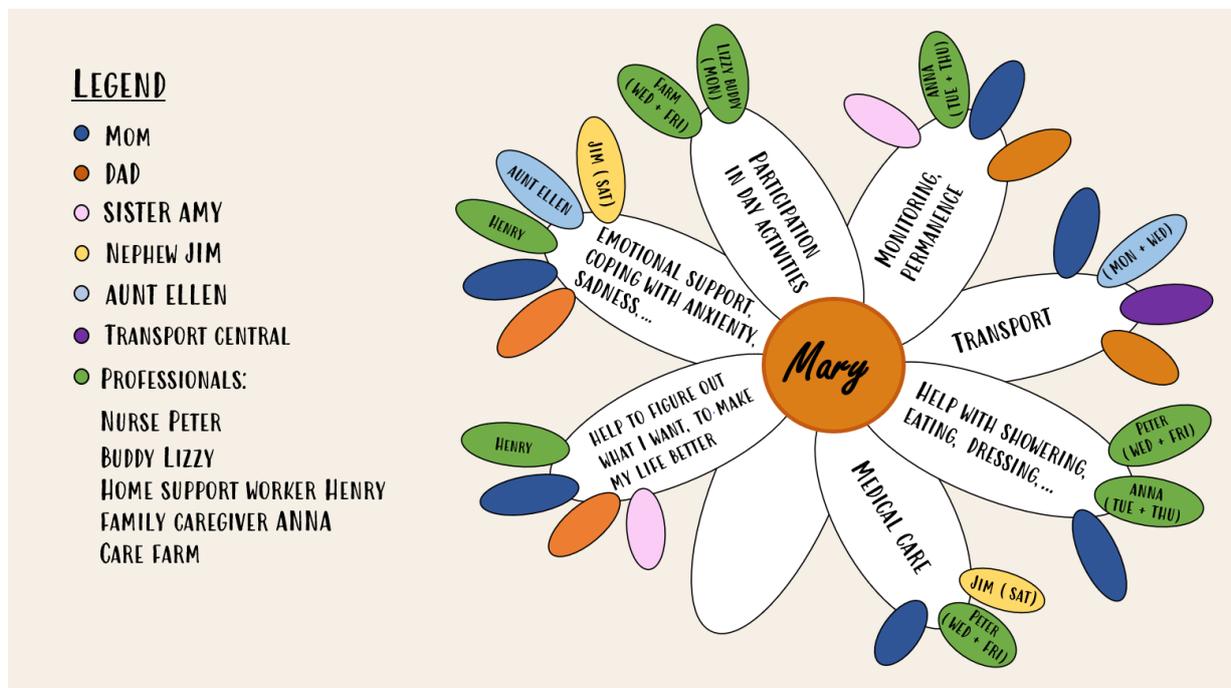


TOOL 2: SEARCHING AND PUZZLING

2B PUTTING THE PUZZLE TOGETHER

STIMULUS



How can you combine different types of support to meet the needs and wishes of the person with a disability?

Illustration: Ianthe Soille

TOOL 2: SEARCHING AND PUZZLING

2B PUTTING THE PUZZLE TOGETHER

ASSIGNMENT

Once you identified the current needs, wishes and possibilities, you can put the puzzle together.

Do you have a previous support plan? Then you can use the plan as a starting point. If you don't have a previous plan or you just want to start over, you can use tool 5 to reflect upon the needs and wishes of the person with a disability, as well as the tasks they (don't) want to be done by the family members.

What does the puzzle look like today? But perhaps even more important: What do you think about the care and support?

Below, we offer you two ideas to get started.

Option 1: the flower

You can take more of a helicopter view and think about the general organization of care and support. Think about the domains where care and support are needed (e.g., social network, medical care, transport, ...) and attach to each domain one or more possible persons/services that can provide care or support (e.g., yourself, a family member, home nursing ...).

You can draw the flower yourself or use the templates on the website (Tool 2B). Use pawns, paper clips or other materials to represent the different people and services.



It can be fun to make the flower together with friends or family members or to do it separately and compare the results.

Don't forget to take some pictures!

Option 2: an optimal week

A second possibility is to think about what an optimal week would look like. How would you organise care and support on a weekly basis and who would be involved?

HINT: Use your computer to make and keep track of the schedule of a person with a disability. You can:

- ⇒ Create recurring meetings and appointments. By adding recurrence to an appointment, you can duplicate the appointment information without having to create a new appointment;
- ⇒ Colour code appointments based on categories (e.g., person/services providing support);
- ⇒ Share your agenda with other people and send appointment invitations.